

MONDAY POST.

Extract of a Letter from an Officer in Admiral Cornwallis's Division.
We have joined Lord Bridport, who continues to block up the remainder of the French Squadron in L'Orient. They seem to have given up the project of reflecting their ships, which have their yards and top-masts struck. Great numbers of their men have been sent on shore to act against the Royalists. Two defectors have got on board the Royal George. Sir Balthazar Warren is lying in Quiberon Bay, with a Squadron of a few frigates, in possession of the Royalists, with the flag flying; another fort in sight displays the National colours. Our Squadron, on its way to join the fleet, chased two frigates to French Waters, but has fallen in with a three-decker, a forty-four, six frigates, and about thirty other frigates. Some days after we chased another frigate, but were soon becalmed. The boats were immediately out, to tow the Frigate along, and immediately for the enemy, they got the breeze before us, and being to windward, escaped.

LONDON, July 23, 1815.
It is at length pretty well estimated, that the Dutch Government will be contented with the most unqualified manner, decided in favour of the Stadtholderian interest; and have refused, as a proof of their preference of the established legal Government, to permit the Dutch East India Company, for Europe, or any connection with the French.

Their Majesties and the Princesses have laudably determined to discontinue the use of hair-powder.
His Majesty has given orders for the bread used in his household to be made of rye and rye mixed. No other sort is permitted to be baked, and the Royal Family eat bread of the same quality as their servants do.

Lord Minto returned to town on Monday night, and set off again on the next morning.
The colony of Sierra Leone continues to flourish, notwithstanding the numerous accidents which have happened to it.

Some rumours have been in circulation for two or three days, of bad news from India; but without foundation. The late intelligence conveyed mentions that a war between the Marathas and the Nizam was on the point of breaking out; but that the British Government had widely determined to take no part in the contest.

The National Representative, TALLEY, is returned to Paris, but has not yet reported to the Convention on his mission in La Vendee. Not a syllable has as yet transpired of the report he must have made to the Committee; but it is thought, that the news of which he has been the bearer, is not satisfactory to his friends in the Republic.

At the Justice Sittings, held the 9th instant, at Lord Suttin, in Norfolk-street, upwards of 78 years of age, having a child, which was pregnant, to a man upwards of eighty, who immediately entered into an order of alimony.

BEST INDIA ARRIVALS.
Yesterday the first lieutenant of the Apollo frigate came on board the boat, with the agreeable news of the arrival of the frigate, and the safe return of the crew.
The Commodore of a Squadron of His Majesty's Ships, commanded by Captain Masley, having up channel with a fair wind, from Bombay, Sir Edward Hughes, Raymond, Duke of Devonshire, and others.

From China—Rosa, William Pitt, Houghton, Conant, Valencia, Betina, General Elliot.
From Malacca—Lambert, Dutton, Phinny, Middleton.
Arrived at the above ports, the Hermit, Capt. from Bengal; the Fanny, God Jussa, and Anstons, South Sea whalers, and the Venus of Bristol.

The British East India Company, and London and Barbadoes South Sea whalers, parted company with the former on the 12th.
The Duke arrived at China on the 4th of January, and the Duke of Buckingham on the 6th.

THE WAY TO PEACE AND PLenty.

- 1. Abolish your taxes, and second courses.
2. Buy no starch when wheat is dear.
3. Destroy all useless manufactures, except one quart, salt one pound, oatmeal two quarts, black pepper half an ounce. Put to these seven gallons of water, and set it to boil for three hours. The experience is about seven fillings and sixpence. This will be about three gallons, or six pints of brine, which will cost three farthings, a pint, and a pint each person, will dine a family. If you use a glass of salt beer, or pork, five times a day, and if instead of water, put in a quart of beer, or ale, Ham, beef, or mutton, or chicken, or veal, or the like, make excellent broth. Pease, rice, herbs, or any other herbs may be used.
4. Buy no bread, but make your own.
5. Buy no sugar, but make your own.
6. Buy no wine, but make your own.
7. Buy no oil, but make your own.
8. Buy no vinegar, but make your own.
9. Buy no salt, but make your own.
10. Buy no pepper, but make your own.
11. Buy no cloves, but make your own.
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